

MARATHWADA INSTITUTE OF TECHNOLOGY CIDCO AURANGABAD

NAAC Accredited by Grade "B"

Founder: Anandraoji Deshmukh (Freedom Fighter) Recognized by Government of Maharashtra Affiliated to Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

Women Empowerment Cell

Women Empowerment Cell is designed to empower women socially, economically, politically and legally with a focus on promoting decision making. It conducts various activities and arranges Guest Lectures to accelerate the academic enhancement, leadership development and cultural enrichment in the lives of young women.

VISION

The Women Empowerment Cell is to foster a campus culture that promotes gender equality, empowers women, and ensures a safe and inclusive environment for all.

MISSION

- Creating awareness among the students about their social, legal and constitutional rights in order to pevent the exploitation based on gender.
- → Providing platform to express their ideas through various activities like Skit, Slogan writing, Debate etc.,
- → Eliminating under esteem, deep rooted beliefs of gender bias and discrimination.
- → Motivate to take steps towards positive action to protect nature and environment.
- → Motivate to take steps towards positive action to protect nature and environment.
- Impart ethical value, positive self-esteem and confidence in the young women so that they can take the decision.
- The mission of the Women Empowerment Cell is to foster a campus culture that promotes gender equality, empowers women, and ensures a safe and inclusive environment for all.

MOTTO

Empower, Educate, Inspire: Building a Future of Equality.

OBJECTIVES

Raise Awareness:

Conduct workshops, seminars, and awareness campaigns to educate the college community on issues related to gender equality, women's rights, and empowerment.

♣ Support and Guidance:



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Provide support and guidance to women in the college, addressing their academic, personal, and professional needs.

→ Prevention of Harassment:

Work towards preventing and addressing any form of harassment, ensuring a harassment-free campus for all.

→ Skill Development:

Organize skill development programs, training sessions, and mentorship opportunities to enhance the skills and confidence of women in various fields.

 ← Celebrate Achievements:

Recognize and celebrate the achievements of women in academics, sports, arts, and other fields to inspire others.

ACTIVITIES

- → To promote a culture of respect and equality for female gender.
- → To organize awareness programs on gender sensitization.
- → To Arrange seminars that creates awareness on the economic, social, political, and legal rights of women.
- To conduct seminars and workshop to impart knowledge of opportunities and tools available and train the women.
- → Organizing different activities to make women aware of their health, sports, self-defense etc.,
- → Highlighting the importance of spirituality, health, hygiene and safety.
- → Women's Day celebration.

Principal

Marathhwpdailystiggagf Technology

N-4, CIDCO, Chh. Sambhaileagar

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Women Empowerment Cell

Committee Members

Sr.No	NAME	DEPARTMENT	DESIGNATION	POSITION
1	Dr. Sonal D. Bachhao	Management Science	HOD	Co ordinator
2	Ms. Sushama R.Sapkal	Management Science	Asst. Professor	Member
3	Dr. Shashibala Rao	Computer Science	Asst. Professor	Member
4	Ms. Rutuja R.Sontakke	Computer Science	Asst. Professor	Member
5	Ms. Neha A. Sahuji	Computer Science	Asst. Professor	Member
6	Ms. Madhuri U. Girase	Management Science	Asst. Professor	Member
7.	Ms. Varsha A. Palkar	Computer Science	Asst. Professor	Member
8.	Ms. Sheetal Vaidya	Library	Liabrarian	Member

PRINCIPAL Principal Marathhwada Institute of Technology

Marathhwada Institute of Technolog N-4, CIDCO, Chh. Sambhajinagar



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Report on One-Day Workshop and Expert Talk on Gender Equality

Date: 13/01/2024

A one-day workshop and expert talk on the crucial topic of "Gender Equality" was organized at Marathwada Institute of Technology CIDCO by Women Empowerment Cell. The event aimed to promote awareness and understanding of ethical values, morals, and address contemporary issues, including the impact of mobile addiction among the younger generation and the misuse of social media.

The workshop commenced with an insightful discussion on the importance of ethical values and morals in fostering a harmonious society. Participants engaged in interactive sessions, exploring ways to instill these values in daily life, promoting respect, empathy, and inclusivity.

Dr. Roshan Ranade, member of SAKAR foundation, delivered an eye-opening speech on the growing concern of mobile addiction among the younger generation. Attendees gained valuable insights into the psychological aspects of excessive screen time, effects of mobile addiction and learned practical strategies to address and mitigate this issue. The workshop also focused on the misuse of social media platforms and its impact on gender dynamics.

Mrs. Vaishali Awalgaokar executive member of SAKAR foundation discussed the need for responsible online behavior and emphasized the role of educators and parents in guiding the youth toward ethical and positive digital engagement.

MSW students played beautiful act on Gender Equality.

Dr. Mahendra Kondekar, as the President of the program, shared valuable insights into the broader societal implications of gender inequality and ways to address these issues.

The event was anchored by Asst. Prof. Sushama Sapkal, who ensured a smooth flow of discussions and interactions.

The one-day workshop proved to be a significant milestone in addressing contemporary challenges related to gender equality, ethics, and the responsible use of technology. The expert talks and interactive sessions facilitated a deeper understanding among participants, empowering them to contribute positively to societal change. The commitment of the institution to fostering a culture of respect and equality was evident throughout the event.





Act Played by MSW students on Gender Equality





Mrs. Vaishali Awalgaonkar guided students



A small help from MIT CIDCO to Sakar Foundation



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Seminar Report on Women's Health, Hygiene, and Safety

Date: 08/03/2024

The Women's Empowerment Cell (WEC) of Marathwada Institute of Technology CIDCO organized a seminar focusing on women's health, hygiene, and safety. The seminar aimed to educate girls students on maintaining personal health, ensuring safety, and promoting hygiene practices among women.

The keynote speaker for the seminar was Dr. Nilima Pandey, an expert in Women's health and wellness(Director of SAKAR foundation) and Mrs. Vaishali Awalgaokar emphasized the importance of adopting healthy lifestyles, practicing self-care, and prioritizing mental wellbeing to achieve overall health and vitality.



Topics Covered:

Becoming Healthy: Mrs. Vaishali Awalgaokar executive member of SAKAR foundation highlighted the significance of regular exercise, balanced nutrition, and adequate sleep in promoting women's health. She provided practical tips on incorporating healthy habits into daily routines and encouraged attendees to prioritize their well-being.



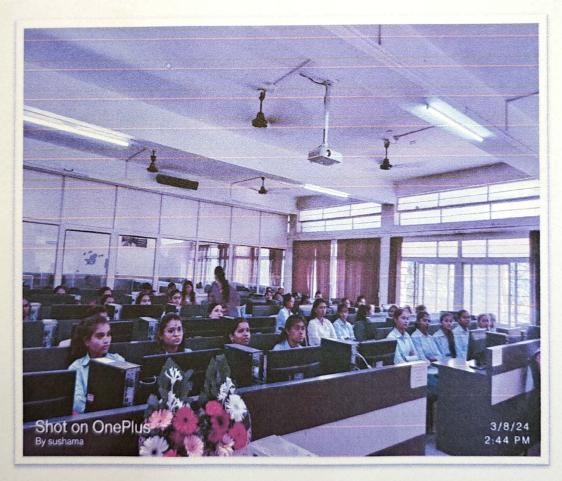
Ensuring Safety: in the seminar Dr. Nilima Pandey addressed safety concerns faced by women in various settings. Strategies for staying safe in public spaces, preventing harassment, and recognizing warning signs of abusive relationships were discussed. Participants were empowered with knowledge and resources to protect themselves and seek assistance if needed.



Maintaining Personal Hygiene: The importance of personal hygiene in preventing infections and diseases was underscored. Ms. Vaishali shared best practices for maintaining cleanliness, including proper handwashing techniques, menstrual hygiene management, and skincare routines tailored to individual needs.

Conclusion:

The seminar on women's health, hygiene, and safety organized by WEC was a resounding success, thanks to the insightful presentations, interactive discussions, and expert guidance provided. Attendees left the seminar feeling empowered and equipped with the knowledge and tools to prioritize their health, safety, and well-being in their daily lives. The event served as a valuable platform for fostering awareness and promoting positive health outcomes for women in the community.



Dr. Mahendra Kondekar, Vice Principal as the President of the program.

The event was anchored by Asst. Prof. Sushama Sapkal, who ensured a smooth flow of discussions and interactions.



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Committee against Sexual Harassment at Workplace

This committee is constituted as per Vishakha Guidelines against Sexual Harassment at Workplace Guidelines and norms laid down by the Honorable Supreme Court,(JT 1997(7)SC 384) And Prevention,Prohibition and redressal ACT 2013,N o.14 of 2013

The committee is also named as <u>Internal Complaints Committee</u> (ICC)

Following are the committee members of ICC Committee.

Sr.no	Name	Designation	
1.	Asst. Prof. S.R.Sapkal	Co ordinator	
2	Adv. Rekha Mohale	Advocate	
3.	Dr. S.V.Surpaneni	Member	
4.	Dr. S.D. Bachhao	Member	
5.	Asst. Prof. R.U.Kale	Male Member	
6.	Asst. Prof. R.R. Sontakke	Member	
7.	Akash Rathod	Student Male Member	
8.	Rutuja Thorat	Student Female Member	

Coordinator
Asst. Prof. Sushma Sapkal

PRINCIPAL M.I.T. Cidco, Aurangabad

PRINCIPAL

