

G.S.Mandal's MARATHWADA INSTITUTE OF TECHNOLOGY, CIDCO, AURANGABAD राष्ट्रीय सेवा योजना

अहवाल



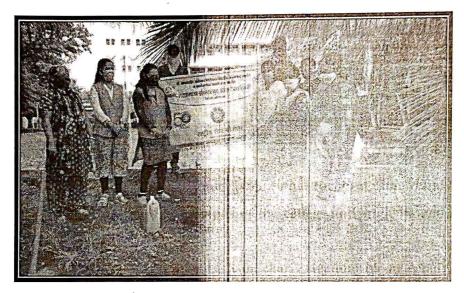
Program: Tree Plantation

Date:- 08/08/2020

Place:- MIT CIDCO College Premises and Residence

The Tree plantation was done on 08/08/2020 under NSS. Under this program, Mainly Neem, Bamboo, Chinch etc. seedlings were planted in the Campus of the college and students and staffs residential areas.

Principal of MIT CIDCO Dr. Mahendra Kondekar, Headmaster of Anadvidyamandir Shri Malode Sir, MIT Highschool Headmaster Shri Wankhede sir, Shri. Menkudale Sir, NSS Program Officer Asst. Prof. Sushama Sapkal and Asst. Prof. Sumit Pawar, all staff members were present for the program.



Tree Plantation



N.S.S. (MH-04/39/01)

Programme Officer MIT CIDCO, N-4, Aurangabau. PRINCIPAL M.I.T. Cidco, Aurangabad



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MARATHWADA INSTITUTE OF TECHNOLOGY AURANGABAD

Founder: Anandraoji Deshmukh (Freedom Fighter)
Recognized by Government of Maharashtra
Affiliated to Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

Ref.No.MIT/Cidco/2021/386

Date:06/12/2021

To,

Dr. Sneha Mulye,

MBBS Gynecologist

MIT Hospital

Aurangabad

Respected Madam,

Thanks for being Chief Guest and giving your Precious guidance on "Women's Health and Hygiene" and sharing your valuable time and knowledge with our students. I appreciate your efforts and you are great role model for our students.

There are many positive comments about the knowledge, expertise and quality of your presentation.

Thanking you.

Yours sincerely,

Quest for Excellence



Principal
PRINCIPAL
M.I.T. Cidco, Aurangabad



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Ref.No.MIT/Cidco/2021/ 395

Date:04/12/2021

To.

Dr. Sneha Mulye,

MBBS Gynecologist

MIT Hospital

Aurangabad.

Subject: Invitation as a resource person for conducting Seminar on "Women's Health and Hygiene"

Madam,

Greetings of the Day!!!!!

Marathwada Institute of Technology, CIDCO, Aurangabad, ICC Cell is going to organize a Seminar on "Women's Health and Hygiene"

I cordially invite you as resource person for the Seminar. I look forward towards your support in sharing knowledge and make this Seminar a success. Kindly accept our invitation.

Date: 06/12/2021

Time: 11.00 am



M.I.T. Cidco, Aurangabad





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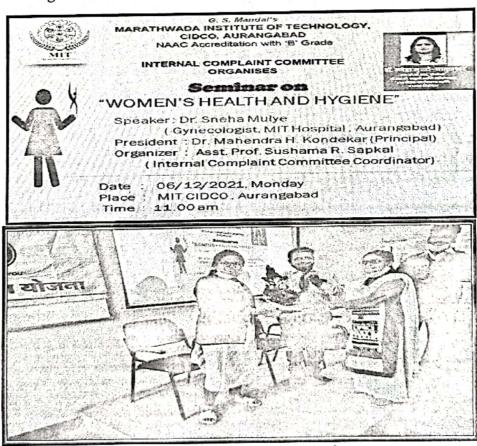
Program: SEMINAR ON "WOMEN'S HEALTH AND HYGENINE"

Date: - 06/12/2021

Place: MIT CIDCO College

M.I.T. Cidco ICC Cell organized A seminar on ""WOMEN'S HEALTH AND HYGENINE", the Gynocologist Dr. Sneha Mulye-Chakurkar from MIT Hospital delivered lecture on the above topic. In her lecture she explained about Health and hygenine of womens. She focus on diet of young age girls and importance of proper diet. She aware the girls about the need of proper use and disposal of menstrual pads. Also she explained about importance of yoga and Pranayam in our day to to life. Also she cleared all the doubts of girl students.

All girls students and ladies faculties were present in this Program and get benefited.



felicitation of Dr. Sneha Mulye-Chakurkar

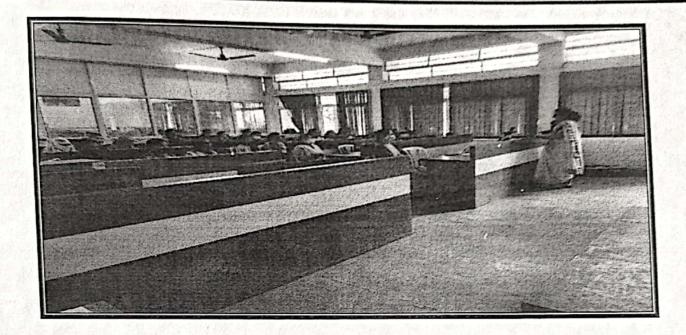
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Program: Seminar on "Stress Management through Yoga"

Date: - 08/03/2021

Place:- MIT CIDCO College

Speaker: Mrs. Puja Kulkarni (Director Life Care Yoga Centre, Instructor

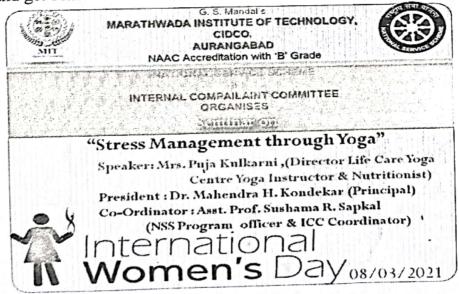
and Nutritionent)

President: Dr. Mahendra H. Kondekar

Organiser: Asst. Prof. Sushama Ramesh Sapkal

M.I.T. Cidco ICC Cell organized A seminar on "Stress Management through Yoga" the Yoga Instructor and Nutritionent. Mrs. Puja Kulkarni delivered lecture on the above topic. In her lecture she explained about how women can improve their Health through yoga. She focus on diet of young age girls and importance of proper diet. Also she said in her talk how Yoga helps to instill confidence and to bring learning to children on an experiential level? How Yoga teaches them to persevere, be patient, and work towards their goals? How Yoga also provides tools for 'practicing compassion, mindfulness, generosity, focus, strength, and flexibility? Also she explained about importance of yoga and Pranayam in our day to to life. Also she cleared all the doubts of girl students.

All girls students and ladies faculties were present in this Program and get benefited.



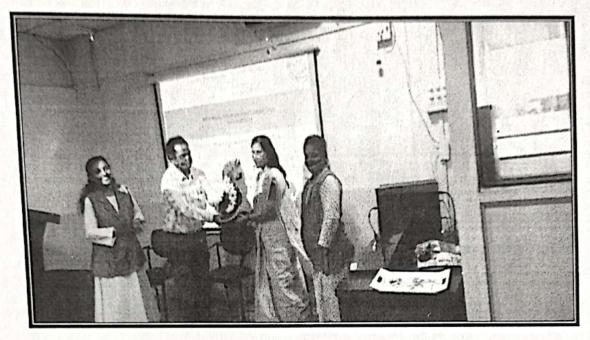


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felicitation of Mrs, Puja Kulkarni





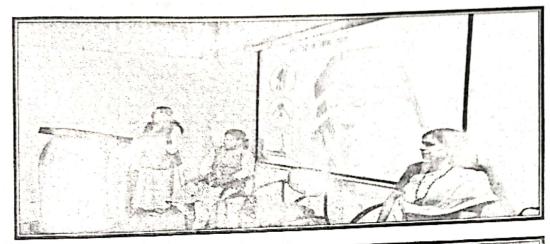
Guidance by Speaker

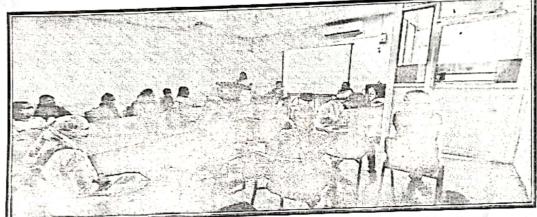




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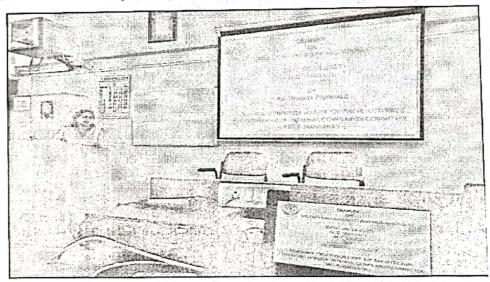
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MIT CIDCO, Aurangabad Seminar Report On

" WOMEN EMPOWERMENT AND MORAL ETHICS"

Date: 06/03/2020

MIT, CIDCO organized a Seminar on "Women Empowerment And Moral Ethics" on 06/03/2020, for the women of the institute, including students and faculty. The expert speaker, Ar. Pranita Pranjale is working as Associate Professor and ICC officer at MIT, Aurangabad, besides holding other important portfolios. Principal Dr. Mahendra H. Khondekar Sir felicitated the guest. Mrs. Sushama Sapkal conducted the program and Dr. Shashibala Surapaneni gave a brief introduction of the guest.



Ar. Pranita Pranjale, giving a presentation on Women Empowerment And Moral Ethics

Ar. Pranita Pranjale shared her expertise with participants about the topic "Women Empowerment And Moral Ethics". She started her presentation with a brief history of how Women's day started been celebrated. The struggle women underwent or their basic rights like having a right to vote. She raised various important issues like importance of self defense for women of all age groups and importance of being independent. She discussed few recent case studies in detail, which she was a part of, as ICC officer. She gave guidance to the participants regarding the use of social media and how it could have an impact on the lives of the students and their families. She

explained that one should be cautious in sharing personal information on the social media.

Pranita Pranjale madam has emphasised on each and every girl and women under going some self defense training. Taking this advise into consideration, MIT, CIDCO plans to undertake self defense training programs in the coming sessions.

The final session of the Seminar included a discussion on the number of issues faced by the students and women in general. She suggested that if they find anyone facing any problems at home or their workplaces a solution for the same has to be found, by taking advice from an expert. In the end Pranjale madam advised the participants to bring about the change by helping atleast two women who they know are facing difficult situations.



Faculty members and students participating in the Seminar

Mrs Sushama Sapkal proposed the vote of thanks. All the heads of the departments and the teaching staff, have taken efforts for the successful execution of the workshop. We are thankful to Dr. Mahendra H. Khondekar, Principal, MIT, CIDCO for the support provided to conduct the Seminar. The participants will certainly benefit from the Seminar.

Principal
PRINCIPAL
M.I.T. Cidco, Aurangabad